

DigestMORE

PRODUCT KNOWLEDGE SHEET



WHAT IS DIGESTMORE?

Renew Life produces 2 different enzyme formulas - DigestMORE and DigestMORE ULTRA. Each formula is designed to meet your unique digestive needs. DigestMORE is a plant based digestive enzyme formula designed for digestive problems which do not occur everyday or only occur with a specific type of food or quantity of food (see chart below).

WHICH ENZYME TO TAKE?

Take DigestMORE if:	Take DigestMORE ULTRA if:
You have difficulty breaking down large meals, or specific foods (i.e. proteins).	You have difficulty breaking down all meals.
You have gas or bloating after eating certain types of foods.	You have gas or bloating after eating, regardless of food type.
You have gas or bloating after combining certain types of foods (ex. proteins with carbohydrates).	You have stomach upset, belching or regurgitation after eating, regardless of food type.

HOW IS IT DELIVERED?

DigestMORE contains powdered enzymes, herbs, and amino acids in vegetable capsules.

WHAT DOES IT DO?

When DigestMORE is taken with a meal, it works to break down food products into their smallest usable components (nutrients). This allows the body to absorb the maximum amount of nutrients from your meal. When food is effectively broken down, the overall function of the digestive system is improved, including a reduction in the amount of gas produced. DigestMORE also contains ingredients that are essential to repair and soothe the digestive system.

HOW DOES IT WORK?

DigestMORE contains digestive enzymes. Enzymes are catalysts for chemical reactions within the body. Without them, food is not broken down properly. Many people do not produce enough enzymes, therefore they are unable to absorb all of the nutrients from the food they are eating. This leads to symptoms such as gas, heartburn, constipation, and is the first step toward more chronic disease.

DigestMORE contains enzymes which address every type of food group including; proteins, fats, carbohydrates, dairy, plant and vegetable material (cellulose), and sugars. This combination of enzymes functions under the whole range of gastric pH's from 2-14.

DigestMORE also includes the enzymes Cellulase and Phytase. Phytase works to break down harmful phytates, which can cause malabsorption. Phytates are found in seeds, grains, and beans. Phytates have been shown in clinical studies to block the absorption of many minerals, especially calcium. This can be problematic for vegetarians, as these foods are staples in their diet. Cellulase, which the human body is unable to produce, breaks down plant fibres that cause bloating and gas in many people.

If undigested foods reach the large intestine, it becomes food for the 'bad' bacteria in your intestinal tract. These 'bad' bacteria will putrefy the undigested food, releasing volatile fatty acids and gasses. These gases cause bloating and often foul smelling gas after meals. If you provide your body with enough enzymes to break down all of your food, then the 'bad' bacteria will have nothing to eat, and bloating and gas diminish.

Further, these volatile fatty acids and gasses also damage the intestinal tract lining. This lining is responsible for letting good nutrients in, and toxic materials out. If damaged, there is a free flow of materials from your intestinal tract into the bloodstream. This is a major cause of allergies, food sensitivities, and auto-intoxication.

Enzymes alone are not always enough to ensure proper digestion. Most people also need to help repair this damage done to the intestinal lining. Therefore, it is important to rebuild the digestive tract lining with nutrients such as L-Glutamine and N-Acetyl-D-Glucosamine. These 2 nutrients, along with soothing herbs, can help to ensure a healthier digestive tract.

HOW DO I TAKE IT?

Take 1 capsule just before each meal as needed.

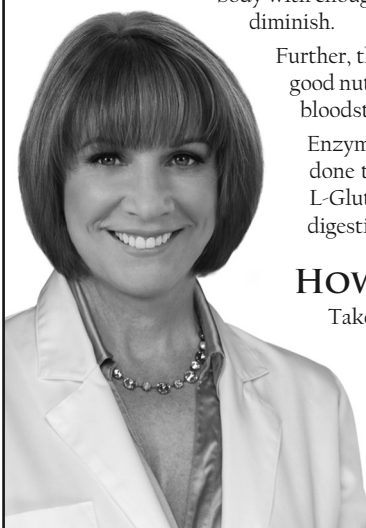
WHAT CAN I EXPECT?

People usually take DigestMORE because they have some sort of digestive upset (gas, bloating, or upset stomach). DigestMORE helps to break down food more completely. As a result, there are reduced symptoms of indigestion. In some cases, you may experience more energy because you are absorbing more nutrients from your diet.

What Causes Enzyme Deficiency?

- Lack of vitamins, minerals and electrolytes which the body requires to make enzymes. This is caused by poor dietary choices.
- Age - over time the body begins to produce fewer enzymes.
- Enzymes naturally occurring in food are destroyed when heated above 47°C (118°F).
- Processed and packaged foods contain very few, if any, enzymes.
- Exposure to air and light (limp and pale looking vegetables are enzyme depleted).
- Fluoridated water paralyzes enzymes.

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Brenda Watson
Naturopathic Doctor, Certified Nutritional
Consultant, and Colon Therapist

What does it contain?

DIGESTMORE

Enzymes that break down proteins:

Protease

- ♦ breaks down proteins into amino acids.

Papaya Fruit

- ♦ contains the enzyme papain which breaks down protein.

Enzymes that break down carbohydrates and sugars:

Amylase

- ♦ breaks down carbohydrates into simple sugars.

Lactase

- ♦ breaks down lactose (found in dairy, many people lack the lactase enzyme).

Invertase(Sucrase)

- ♦ breaks down sucrose (found in table sugar and maple sugar).

Malt Diastase

- ♦ breaks down malt sugar (found in beer, crackers and cereals).

Enzymes that break down fats:

Lipase

- ♦ breaks down fat into usable components.

Enzymes that break down fibres:

Cellulase

- ♦ breaks down plant cell walls (fibre).

Enzymes that break down phytic acid:

Phytase

- ♦ breaks down phytic acid (found in grains, beans and seeds).

Helps to heal the intestinal tract lining:

L-Glutamine

- ♦ increases intestinal villous height, stimulates mucosal cell growth in the intestinal tract, and helps to maintain the mucosal cell integrity.

Gamma Oryzanol

- ♦ enhances gastric & ileal movement.

Marshmallow Root

- ♦ alleviates local irritation, inhibits mucociliary activity & is demulcent (soothing).

N-Acetyl-D-Glucosamine

- ♦ required for tissue repair mechanisms.

Bromelain

- ♦ enzyme from pineapple, which reduces tissue irritation and is an anti-inflammatory.

Herbs that help aid in digestion

Ginger Root

- ♦ carminative (expels gas from stomach, intestines or bowel) and anti-inflammatory.

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Each Serving (1 Capsule) Contains

Ginger Root, Rhizome (<i>Zingiber officinalis</i>)	170mg
L-Glutamine	100mg
Amylase	9,000 DU
Marshmallow Root (<i>Althaea officinalis</i>)	25mg
Papaya Fruit (<i>Cariaca papaya</i>)	25mg
Protease	20,000 HUT
Pectinase	4.5 Endo-PG
Malt Diastase	125 DP
Lactase	1,250 ALU
Lipase	900 LU
Bromelain (2400 gdu/gm, 3600 mcu/gm)	10mg
Gamma Oryzanol	10mg
N-Acetyl-D-Glucosamine	10mg
Cellulase	250 CU
Phytase	2U
Invertase	50 SU

Ingredients: Pectinase Enzyme*, Ginger Root, Rhizome (*Zingiber officinalis*), Vegetable Capsule Shell (Hydroxypropyl methylcellulose, water), L-Glutamine, Amylase Enzyme*, Marshmallow Root (*Althaea officinalis*), Papaya Fruit (*Carica papaya*), Protease Enzyme*, Malt Diastase Enzyme*, Lactase Enzyme*, Lipase Enzyme*, Bromelain Enzyme*, Gamma Oryzanol, NAG (N-Acetyl-D-Glucosamine), Cellulase Enzyme*, Phytase Enzyme*, Invertase Enzyme*

*Carrier agent: Maltodextrin

Directions: Take 1 capsule just before each meal as needed.

Warning: Must be used within the framework of a healthy way of life and not to be used like substitutes of a varied and balanced diet. Do not use if pregnant or lactating. Keep out of reach of children. Do not exceed daily dose recommended. Do not use if seal is broken.

Allergens: Contains ingredients derived from shell fish.

Store in a dry place away from direct sunlight and heat.

**WANT MORE INFORMATION ABOUT
PROPER DIGESTION?**

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WWW.RENEWLIFE.CO.UK**

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UNIT 3, 12 COMMERCIAL ROAD, READING, BERKSHIRE RG2 0QJ
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